Financial statements of The YMCAs of Québec

December 31, 2021

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Independent Auditor's Report

To the Members of The YMCAs of Québec

Opinion

We have audited the financial statements of The YMCAs of Québec (the "YMCA"), which comprise the statement of financial position as at December 31, 2021, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies (collectively referred to as the "financial statements").

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the YMCA as at December 31, 2021, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations ("ASNPO").

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards ("Canadian GAAS"). Our responsibilities under those standards are further described in the *Auditor's Responsibilities* for the Audit of the Financial Statements section of our report. We are independent of the YMCA in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Other Information

Management is responsible for the other information. The other information comprises the information, other than the financial statements and our auditor's report thereon, in the Community Report.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information identified above and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated.

We obtained the Community Report prior to the date of this auditor's report. If, based on the work we have performed on this other information, we conclude that there is a material misstatement of this other information, we are required to report that fact in this auditor's report. We have nothing to report in this regard.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the YMCA's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the YMCA or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the YMCA's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian GAAS will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian GAAS, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures
 that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the
 effectiveness of the YMCA's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the YMCA's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the YMCA to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

March 18, 2022

Deloitte LLP'

¹ CPA auditor, CA, public accountancy permit No. A120628

Revenue	Notes	2021	2020
Program activities	Paramora	\$	\$
Service agreements and grants for programs 17,677,808 18,457,069 Canada Emergency Wage Subsidy and Canada Emergency Rent Subsidy 9,406,050 9,365,448 Rent 1,356,686 1,400,006 Grants for installations 2,170,975 1,585,862 Grants for installations – interest 29,698 82,072 Donations from the YMCAs of Québec Foundation 1,583,286 2,073,468 Management fees 1,113,755 695,690 Investment revenue 28,374 243,617 Type stage and social benefits 28,142,593 27,171,967 Program expenses 3,092,253 3,104,741 Repairs and replacements, maintenance supplies 4,150,476 4,006,550 Heat and electricity 1,008,210 1,043,534 Rent fees 1,136,812 1,146,563 Office expenses 1,132,609 927,140 Professional fees 802,284 820,636 Advertising expenses 773,144 590,146 Employees expenses and development 327,257 500,503 Insurance and taxes 1,36,807<		6 853 030	Q 03Q 675
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Gain on disposal of capital assets Loss on write-off of intangible assets 7,676,538 9,936,900 - (2,054,844)	disposal of capital assets and the loss on write-off of		
Loss on write-off of intangible assets — (2,054,844)	intangible assets	(2,159,846)	(60,236)
Loss on write-off of intangible assets — (2,054,844)	Gain on disposal of capital assets	7,676,538	9,936,900
		_	
7/022/020	Excess of revenue over expenses	5,516,692	7,821,820

The accompanying notes are an integral part of the financial statements.

	Invested in capital and intangible assets	Internally restricted	Unrestricted	Total
	\$	\$	\$	\$
Balance, December 31, 2019 Excess of revenue over	13,416,732 ⁽³⁾	2,000,000	5,781,080	21,197,812
expenses	5,943,664 ⁽¹⁾	_	1,878,156	7,821,820
Investment in capital and intangible assets	(7,832,692) ⁽²⁾	_	7,832,692	_
Balance, December 31, 2020	11,527,704 ⁽³⁾	2,000,000	15,491,928	29,019,632
Excess (deficiency) of revenue over expenses	6,000,259(1)	_	(483,567)	5,516,692
Investment in capital and intangible assets	(7,977,204) ⁽²⁾	_	7,977,204	_
Balance, December 31, 2021	9,550,759 ⁽³⁾	2,000,000	22,985,565	34,536,324
	·		·	

	2021	2020
	\$	\$
(1)		
(1) Composed of:	(2.222.274)	(2.470.600)
Amortization of capital assets	(3,202,051)	(3,170,600)
Amortization of intangible assets Amortization of deferred contributions related to capital	(71,558)	(26,440)
assets	1,483,025	1,296,081
Gain on disposal of capital assets	7,676,538	9,936,900
Loss on write-off of intangible assets	· · · · —	(2,054,844)
Change in fair value of interest-rate swap agreement	114,305	(37,433)
	6,000,259	5,943,664
(2) Composed of:		
Receipt of grants receivable	(910,540)	(943,462)
Additions to capital assets	491,266	1,685,794
Additions to intangible assets Proceeds on disposal of capital assets	632,348 (9,000,000)	270,006 (10,000,000)
Repayment of debt	1,418,400	1,321,792
Increase in deferred contributions related to capital	1,410,400	1,321,732
assets	(608,678)	(166,822)
	(7,977,204)	(7,832,692)
(3) Composed of:		
Short-term grants receivable	239,561	1,035,540
Long-term grants receivable	865,495	980,056
Capital assets Intangible assets	25,270,834 905,064	29,305,081
Current portion of debt	(436,026)	344,274 (1,418,395)
Debt	(3,135,836)	(3,571,867)
Deferred contributions related to capital assets	(14,228,785)	(15,103,132)
Interest-rate swap agreement	70,452	(43,853)
· -	9,550,759	11,527,704

The accompanying notes are an integral part of the financial statements.

	Notes	2021	2020
		\$	\$
Accord			
Assets Current assets			
Cash		11,761,986	5,451,695
Investments	3	17,481,660	2,974,759
Accounts receivable	4	4,373,011	6,632,341
Balance receivable on sale of capital assets		_	10,000,000
Grants receivable	7	239,561	1,035,540
Amount receivable from the YMCAs of Québec			4 674 700
Foundation	10	1,405,942	1,671,708
Supplies and prepaid expenses		947,790	691,141
		36,209,950	28,457,184
Investments	3	2,128,176	1,670,022
Grants receivable	7	865,495	980,056
Capital assets	5	25,270,834	29,305,081
Intangible assets	6	905,064	344,274
Interest-rate swap agreement		70,452	344,274
		65,449,971	60,756,617
Liabilities Current liabilities			5 504 005
Accounts payable and accrued liabilities		5,452,629	5,521,235
Deferred revenue related to program activities Other deferred revenue		6,443,839	4,740,624
Current portion of debt	7	1,216,532 436,026	1,337,879 1,418,395
Current portion of debt	7	13,549,026	13,018,133
		10,010,010	15/010/100
Debt	7	3,135,836	3,571,867
Deferred contributions related to capital assets	8	14,228,785	15,103,132
Interest-rate swap agreement		_	43,853
		30,913,647	31,736,985
Commitments	12		
Net assets			
Invested in capital and intangible assets		9,550,759	11,527,704
Internally restricted	13	2,000,000	2,000,000
Unrestricted		22,985,565	15,491,928
		34,536,324	29,019,632
		65,449,971	60,756,617

The accompanying notes are an integral part of the financial statements.

Approved by the Board

Jean-François Lacroix , Director

Nancy Audette , Director

	Notes	2021	2020
		\$	\$
One wating a stinition			
Operating activities		F F16 602	7 021 020
Excess of revenue over expenses Adjustments for:		5,516,692	7,821,820
Change in fair value of investments		(114,343)	(117,771)
Amortization of capital assets		3,202,051	3,170,600
Amortization of intangible assets		71,558	26,440
Amortization of deferred contributions related		71,330	20,440
to capital assets		(1,483,025)	(1,296,081)
Gain on disposal of capital assets		(7,676,538)	(9,936,900)
Loss on write-off of intangible assets		_	2,054,844
Change in fair value of interest-rate swap agreement		(114,305)	37,433
		(597,910)	1,760,385
Changes in non-cash operating working capital items	11	3,781,709	(1,536,451)
		3,183,799	223,934
Investing activities			(== ===\)
Acquisition of investments		(15,087,851)	(52,858)
Disposal of investments		237,139	5,249,435
Proceeds on disposal of capital assets		19,000,000	(1.605.704)
Additions to capital assets		(491,266)	(1,685,794)
Additions to intangible assets		(632,348)	(270,006)
		3,025,674	3,240,687
Financing activities			
Receipt of grants receivable		910,540	943,462
Repayment of debt		(1,418,400)	(1,321,792)
Increase in deferred contributions related to capital		(=, :==, :==,	(1/321//32)
assets		608,678	166,822
		100,818	(211,508)
Net increase in cash		6,310,291	3,253,113
Cash, beginning of year		5,451,695	2,198,582
Cash, end of year		11,761,986	5,451,695

Non-cash transaction

The proceeds on disposal of capital assets of \$10,000,000 as at December 31, 2020 was included in the balance receivable on sale of capital assets as at December 31, 2020.

The accompanying notes are an integral part of the financial statements.

1. Status and nature of activities

The YMCAs of Québec (the "YMCA") is a registered charity committed to the fulfilment of people in spirit, mind and body, and to the development of self-reliance in the individual, family and to the community.

Through its actions, programs and services, the YMCA reflects the needs and aspirations of communities and works with individuals and local communities in developing countries to achieve social justice and control of their environment.

The YMCA is incorporated under Part III of the *Companies Act* (Québec) and is a registered charity under the *Income Tax Act*.

Given the specific context of the years 2020 and 2021 related to the COVID-19 pandemic, certain activities were suspended during these years.

2. Accounting policies

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations and include the following significant accounting policies:

Adoption of the amendments to Section 3856, "Financial Instruments", for financial instruments originated or exchanged in a related party transaction

Effective January 1, 2021, the YMCA has adopted the amendments to *CPA Canada Handbook* Section 3856, *Financial Instruments* ("Section 3856") related to the recognition of financial instruments originated or exchanged in a related party transaction, referred to herein as the "related party financial instruments amendments".

These amendments to Section 3856 establish new guidance for determining the measurement of a related party financial instrument. The related party financial instruments amendments require that such a financial instrument be initially measured at cost, which is determined based on whether the instrument has repayment terms.

The adoption of these amendments had no material impact on the amounts recognized in the YMCA's financial statements or disclosures.

Revenue recognition

The YMCA follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Restricted contributions related to capital assets are deferred and recognized as revenue on the same basis as the amortization expense related to the acquired capital assets.

The revenue related to the program activities is recognized when the underlying services to such income were rendered.

Management fees related to the municipal community and sports center Saint-Roch's management are recognized when the corresponding services are rendered.

2. Accounting policies (continued)

Financial instruments

Initial measurement

Financial assets and financial liabilities originated or exchanged in arm's length transactions are initially recognized at fair value when the YMCA becomes a party to the contractual provisions of the financial instrument. Financial assets and financial liabilities originated or exchanged in related party transactions are initially recognized at cost. The cost of a financial instrument in a related party transaction depends on whether the instrument has repayment terms. The cost of financial instruments with repayment terms is determined using its undiscounted cash flows, excluding interest payments, less any impairment losses previously recognized by the transferor. The cost of financial instruments without repayment terms is determined using the consideration transferred or received by the YMCA in the transaction.

Subsequent measurement

All financial instruments are subsequently measured at amortized cost, except for investments that are recognized at fair value at the date of the financial statements. Fair value fluctuations, which include interest earned, accrued interests, realized gain and loss and unrealized gain and loss, are included in the investment revenue.

Transaction costs

Transaction costs related to financial instruments measured at fair value are expensed as incurred. Transaction costs related to the other financial instruments are added to the carrying value of the asset or netted against the carrying value of the liability and are then recognized over the expected life of the instrument using the straight-line method. Any premium or discount related to an instrument measured at amortized cost is amortized over the expected life of the item using the straight-line method and recognized in the statement of operations as interest income or expense.

Impairment

With respect to financial assets measured at amortized cost, the YMCA recognizes in the statement of operations an impairment loss, if any, when it determines that a significant adverse change has occurred during the period in the expected timing or amount of future cash flows. When the extent of impairment of a previously written-down asset decreases and the decrease can be related to an event occurring after the impairment was recognized, the previously recognized impairment loss shall be reversed in the statement of operations in the period the reversal occurs.

Interest-rate swap agreement

The YMCA uses an interest-rate swap agreement to manage the interest rate risk related to bank acceptances. The YMCA has chosen not to prepare the documentation necessary for the application of hedge accounting.

Therefore, the interest-rate swap agreement has been recorded at fair value as an asset or a liability in the statement of financial position. The fair value is determined based on stock quotes and prices obtained from financial institutions for identical or similar derivative financial instruments. Changes in the fair value of the interest-rate swap agreement are presented in the statement of operations as a change in fair value of interest-rate swap agreement.

Supplies

Supplies are valued at the lower of cost or replacement value. The first-in, first-out method is used in the calculation of the cost.

2. Accounting policies (continued)

Capital assets

Capital assets are recorded at cost and are amortized over their estimated useful lives using the straight-line method over the following periods:

Buildings 25 and 40 years
Leasehold improvements Over the term of the lease
Major renovations 10 years
Vehicles, furniture and equipment 3 to 5 years

Intangible assets

Intangible assets are composed of softwares. They are recorded at cost and are amortized over their estimated useful life using the straight-line method over a period of five years.

Write-downs of tangible capital assets and intangible assets

When conditions indicate that a tangible capital asset or an intangible asset is impaired, the net carrying amount of the tangible capital asset or the intangible asset shall be written down to the asset's fair value or replacement cost. The write-downs of tangible capital assets and intangible assets shall be accounted for as expenses in the statement of operations. A write-down shall not be reversed.

Deferred revenue related to program activities

Deferred revenue related to program activities relate to community development programs that are government funded, to contributions from various donors and to donations from the YMCAs of Québec Foundation.

Other deferred revenue

Other deferred revenue relate to amounts received for which services will be rendered during the next year.

Use of estimates

The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosures of contingent assets and liabilities at the dates of the financial statements and the reported amounts of revenue and expenses during the reporting period. Actual results could differ from these estimates.

3. **Investments**

	\$
Term deposit, bearing interest at 0.65% (1.65% in 2020), maturing in February 2023 (in August 2021 in 2020)	100,000
Guaranteed investment certificate, 0.45%,	
maturing in January 2022	15,000,000
Diversified mutual funds	4,509,836
	19,609,836
Current portion	17,481,660

19,609,836	4,644,781
17,481,660	2,974,759
2,128,176	1,670,022

2021

\$

2020

100,000

4,544,781

Accounts receivable 4.

Long-term portion

	2021	2020
	\$	\$
Clients	220,729	161,303
Allowance for doubtful accounts	(62,922)	(46,044)
	157,807	115,259
Accrued interest receivable on subsidized debts	34,587	48,326
Funders for community programs and others	1,978,575	1,230,367
Canada Emergency Wage Subsidy and others	1,969,593	5,238,389
	4,373,011	6,632,341

5. **Capital assets**

Lands Buildings, leasehold improvements and major renovations Vehicles, furniture and equipment

		2021	2020
Cost	Accumulated amortization	Net book value	Net book value
\$	\$	\$	\$
2,157,008	-	2,157,008	2,538,630
76,584,498	55,042,123	21,542,375	24,743,188
11,753,408	10,181,957	1,571,451	2,023,263
90,494,914	65,224,080	25,270,834	29,305,081

6. Intangible assets

		2021	2020
Cost	Accumulated amortization	Net book value	Net book value
\$	\$	\$	\$
1,003,216	98,152	905,064	344,274

Softwares

7. Debt

Bankers' acceptances related to the Cartierville YMCA Center Note payable related to the Cartierville YMCA Center Loan from YMCA Canada

Current portion Long-term portion

2021	2020
\$	\$
3,513,500	3,881,297
_	910,540
58,362	198,425
3,571,862	4,990,262
436,026	1,418,395
3,135,836	3,571,867

Principal payments required in each of the forthcoming years are as follows:

\$
2022 436,026
2023 387,998
2024 397,808
2025 2,350,030

Bankers' acceptances related to the Cartierville YMCA Center

Under a credit agreement, the YMCA obtained, on March 31, 2010, credit facilities of an initial amount of \$7,000,000 and \$964,000 for periods of seven and five years, respectively, allowing it to borrowm amounts in the form of discounted bankers' acceptances for a term varying from one month to one year. These credit facilities in the amount of \$5,552,770 and \$486,587 were renewed during the year ended December 31, 2015, and matured in the year ended December 31, 2020. One of those credit facilities in the amount of \$3,881,303 was renewed during the year ended December 31, 2020, and mature on December 30, 2025. The discounted bankers' acceptances related to the Cartierville YMCA Center held as at December 31, 2021, have a term of one month, nominal values of \$3,881,303, bear interest at an effective rate of 1.06% plus stamping fees of 1.59%, and mature on December 30, 2025. To protect against the risk of potential interest rate fluctuations on these bankers' acceptances, the YMCA has entered into an interest-rate swap agreement. This derivative contract is as follows:

(a) Initial nominal amount of \$3,881,303, periodically reduced based on a predetermined schedule until its expected maturity on December 30, 2025, bearing interest at a fixed rate of 1.06% in exchange for receiving a variable interest rate based on the one-month CDOR rate. Of this amount, an initial amount of \$1,957,430 is subsidized by an external organization.

7. Debt (continued)

Bankers' acceptances related to the Cartierville YMCA Center (continued)

To maintain this financing, the YMCA must satisfy financial ratios related to debt service coverage and minimum net assets. The YMCA was in compliance with these ratios as at December 31, 2021.

Note payable related to the Cartierville YMCA Center

This note payable, bearing interest at 4.77% and repayable in monthly principal instalments of \$953,973, including interest, matured in January 2021.

A grant from the ministère de l'Éducation et de l'Enseignement supérieur for this project repaid this loan.

Loan from YMCA Canada

YMCA Canada made a loan to the YMCA as part of a project to replace the registration software. The outstanding balance is non-interest-bearing and is repayable in variable monthly instalments maturing in 2022.

Grants receivable relating to subsidized debts

The balance of the grants receivable related to the subsidized debts, in the amount of \$1,105,056 (\$2,015,596 in 2020), is as follows:

Short-term grants receivable Long-term grants receivable

2021	2020
\$	\$
239,561	1,035,540
865,495	980,056
1,105,056	2,015,596

The donor organizations have also agreed to pay the interest on the portion of the loans covered by the grants. The subsidized interest expense amounts to \$29,698 (\$82,072 in 2020).

8. Deferred contributions related to capital assets

Deferred contributions related to capital assets represent restricted contributions from the YMCAs of Québec Foundation, government organizations, the City of Montréal and private companies. These contributions relate primarily to the buildings of the Cartierville YMCA Center, the Du Parc YMCA Center, the Downtown YMCA Center, the YMCA Kanawana Camp and the improvements of a daycare. Changes in deferred contribution balances are as follows:

Balance, beginning of year Contributions received Amortization for the year Balance, end of year

2021	2020
\$	\$
15,103,132	16,232,391
608,678	166,822
(1,483,025)	(1,296,081)
14,228,785	15,103,132

9. Letter of guarantee

Under an agreement between the City of Montréal and the Downtown YMCA Center, the YMCA issued a \$100,000 letter of guarantee in favour of the City of Montréal. This letter of guarantee expires in 2022, and is secured by a term deposit of the same amount.

10. The YMCAs of Québec Foundation

The financial statements do not include the assets, liabilities and activities of the YMCAs of Québec Foundation (the "Foundation"). The Foundation was established to perform the fundraising activities of the YMCA; therefore, the YMCA has an economic interest in the Foundation.

During the year, the YMCA recorded revenue of \$1,548,132 (\$1,076,693 in 2020), deferred contributions related to capital assets of \$528,719 (\$183,200 in 2020) and deferred revenue related to program activities by \$163,966 (\$1,305,985 in 2020), for a total of \$2,240,817 (\$2,565,878 in 2020) from the Foundation.

These transactions were carried out in the normal course of business and measured at the exchange amount, which is the amount of consideration established and agreed to by the parties.

The following table is a summary of the Foundation's financial position as at December 31, 2021, and the results of its operations for the year ended December 31, 2021:

	2021	2020
	\$	\$
Financial position		
Total assets	8,699,501	8,551,987
Total liabilities	2,924,046	3,034,365
Total fund balances	5,775,455	5,517,622

Liabilities include a total amount of \$1,405,942 (\$1,671,708 in 2020) payable to the YMCA.

	2021	2020
	\$	\$
Results of operating activities		
Fund balances, beginning of year	5,517,622	5,511,903
		_
Total revenue, excluding endowment contributions	3,102,266	3,180,914
Endowment contributions	21,501	6,933
Total expenses and donations	(2,865,934)	(3,182,128)
Net increase in fund balances	257,833	5,719
Fund balances, end of year	5,775,455	5,517,622

11. Additional information to the statement of cash flows

Changes in non-cash operating working capital items

Accounts receivable
Amount receivable from the YMCAs of Québec Foundation
Supplies and prepaid expenses
Accounts payable and accrued liabilities
Deferred revenue related to program activities
Other deferred revenue

2021	2020
\$	\$
2,259,330	(2,778,227)
265,766	(509,010)
(256,649)	54,572
(68,606)	(273,702)
1,703,215	2,196,742
(121,347)	(226,826)
3,781,709	(1,536,451)

12. Commitments

The YMCA is committed to leasing premises under leases and has signed service contracts with suppliers expiring through 2025. Future payments will total \$4,133,097 and include the following amounts over the forthcoming years:

\$
2022 3,210,241
2023 512,967
2024 267,769
2025 142,120

13. Internally restricted net assets

These internally restricted net assets represent the resources reserved by the Board of Directors for the realization of certain investment projects in the real estate portfolio of the YMCA.

14. Financial assistance

As part of its charitable mission, the YMCA provides a financial assistance program to individuals who meet specific criteria. The access for all program gives individuals with limited financial resources access to community or fitness activities at a reduced fee. The amount of financial assistance provided in 2021 is \$166,859 (\$203,291 in 2020).

15. Financial instruments

Because of its financial assets and liabilities, the YMCA is exposed to the following risks related to the use of financial instruments:

Market risk

Market risk is the risk that the fair value or future cash flows of the YMCA's financial instruments will fluctuate because of changes in market prices. Market risk is comprised of other price risk, interest rate risk and currency risk. The YMCA is exposed to certain of these risks, as described below.

a) Other price risk

Other price risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices (other than those arising from interest rate risk or currency risk), whether those changes are caused by factors specific to the individual financial instrument or its issuer, or factors affecting all similar financial instruments traded in the market. The YMCA is exposed to other price risk through its investments for which the value fluctuates with the quoted market price.

b) Interest rate risk

Interest related to debt is subsidized. Consequently, cash flow risk is minimal.

The YMCA is exposed to interest rate risk due to changes in the prime rate since the bankers' acceptances bear interest at variable rates. To manage this volatility, the YMCA uses an interest-rate swap agreement to set the interest rates of the bankers' acceptances at 1.06% and that mature on December 30, 2025.

Credit risk

In the normal course of business, the YMCA grants credit to members and maintains allowances for potential bad debt, if applicable.